Fill in each blank with the correct vocabulary. Then, find those words in the puzzle below.

1. A diagram in the shape of a pyramid that shows all the food groups is a ___food pyramid___.
2. Edible seeds such as corn, wheat, or any other cultivated cereal crop are ___grains____.
3. The way one lives, including habits and customs, is called a ___lifestyle____.
4. A substance we get from vegetable, greasy mineral, human-made, or animal fats is called ___oil______.
5. The categories of foods based on their nutritional properties are called ___food groups____.
6. The seeds that we eat as vegetables are called ___beans______.
7. Edible parts of plants are ___vegetables______.
8. The act or process of using food is ___nutrition______.
9. The flesh of some animals that we use for food is ___meat______.
10. The greasy or oily matter that we get from animals is ___fat______.
11. A physical activity, such as running, is ___exercise______.
12. A sweet, edible product from trees or plants is a ___fruit______.

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**Puzzle: Word Search**

- Nutrition
- A G F U
- X B F AT C D U M F W T D V
- E T R O I L S J N W J S L E
- R A U V O H Q M E A T K U G
- C V I V W D J K V J K M P E
- I Y T P B M P S W P S B K T
- S L I F E S T Y L E Z A J A
- E T M H A K Q J R K A X S B
- W M U W N S H C M A H Y P L
- S Y K Z S H U A B Z M B Q E
- P M Q J M Q Z J G R A I N S
- F O O D G R O U P S U M D W
A synonym is a word that has the same meaning as another word.

**Example:** big – large  small – tiny

An antonym is a word that has the opposite meaning of another word.

**Example:** happy – sad  tall – short

An analogy is a comparison of two pairs of words that have the same relationship. Analogies are typically expressed with colons.

**Example:** boy : girl as man : woman

This is read, Boy is to girl as man is to woman.

A Determine the relationship between the two words in each pair to fill in the missing word that completes the analogy. Then, write how each analogy is read.

1. begin : start as end : __________ finish
   
   Begin is to start as end is to finish.

2. late : early : long : __________ short
   
   Late is to early as long is to short.

3. high : low : thick : __________ thin
   
   High is to low as thick is to thin.

B Choose one of the analogies you just completed and explain the relationship between the two pairs of words.

Answers may vary.
Homophones are words that sound the same but have different meanings and different spellings.

Example: there, they’re, their

Homographs are words that are spelled the same but have different meanings and may also sound different.

Example: read. In the present tense, it is pronounced like its homophone reed; in the past tense, it is pronounced like its homophone red.

Match the vocabulary words in the right column to their correct definitions in the left column. Then, write the letter in the space provided.

1. The past tense form of a verb that means to have some food.
   - a. here
   - b. no
   - c. by
   - d. eight
   - e. hear
   - f. know
   - g. buy
   - h. ate

2. A verb that means to have some information.

3. A verb that means to get something in exchange for money.

4. A word that means in or at this place.

5. A common word used for negating.

6. The number between seven and nine.

7. To receive sounds with your ears as a result of listening.

8. A word used to tell what something is close to or near.
A **compound word** is the result of two smaller words joined together to create a word with a different meaning.

**Example:** *dog + house = doghouse*

Unscramble the correct vocabulary word and write it in the spaces provided for each of the following clues. Then, answer the question that follows by writing each circled letter in its corresponding numbered space at the bottom of the page.

1. Head gear used for protection when you ride your bike. **LEMTEH** H E L M E T
   - 1 4

2. A large fruit with very rough skin and green leaves on top. **NEPAEPLIP** P I N E A P P L E
   - 2 14

3. A skate with wheels in a straight line. **LOBADRLELRE** R O L L E R B L A D E
   - 10

4. They protect your knees when you go rollerblading. **APENESKD** K N E E P A D S
   - 3 11

5. A very large fruit that is green outside but red with black seeds inside. **TAWOMENELR** W A T E R M E L O N
   - 8 9

6. Busy performing physical activities. **ICTAVE** A C T I V E
   - 12 5

7. Strips of potato cooked in hot oil. **HCREFN SREIF** F R E N C H F R I E S
   - 6 13

8. A vegetable with long stalks that are eaten raw, sometimes with peanut butter. **YELCER** C E L E R Y
   - 7

How will the foods Mr. Albert recommends keep you? **HEALTHY AND SAFE**

- 1 2 3 4 5 6 7 8 9 10 11 12 13 14
Unscramble the correct vocabulary word and write it in the spaces provided for each of the following clues. Then, answer the question that follows by writing each circled letter in its corresponding numbered space at the bottom of the page.

1. The components, such as butter, flour, sugar, and milk, needed to bake a cake.
   \[ \text{ERIGSTEDENI} \rightarrow \text{INGREDIENTS} \]

2. An individual piece of writing that is part of a newspaper or magazine.
   \[ \text{TECLARI} \rightarrow \text{ARTICLE} \]

3. The words used to provide instruction or guidance.
   \[ \text{TIREDSNOC} \rightarrow \text{DIRECTIONS} \]

4. A series of items written together in a group.
   \[ \text{TISL} \rightarrow \text{LIST} \]

5. The amounts of things we measure, like a pound of flour or a teaspoon of sugar.
   \[ \text{TITSQIAUNE} \rightarrow \text{QUANTITIES} \]

6. The series of actions to follow to achieve a goal.
   \[ \text{PSEST} \rightarrow \text{STEPS} \]

7. A list that shows the ingredients and the steps for cooking something.
   \[ \text{PICERE} \rightarrow \text{RECIPE} \]

What can you make if you follow a recipe?
\[ \text{DELICIOUS TREATS} \]
A Choose the correct word from the box to fill in the blanks.

<table>
<thead>
<tr>
<th>plural</th>
<th>agree</th>
<th>subject</th>
<th>singular</th>
<th>it, he, or she</th>
</tr>
</thead>
</table>

1. The verb of a sentence has to ______ agree ______ with the subject.
2. When the subject of a sentence is the pronoun ______ it, he, or she ______, you add -s or -es to the verb.
3. A ______ plural ______ noun refers to two or more people, animals, or objects.
4. The ______ subject ______ of a sentence is the person, animal, or object that does the action. It can also be a pronoun.
5. If you add -s or -es to a verb, it means that the subject is ______ singular ______.

B For each of the following sentences, underline the single subjects and circle the plural ones.

1. Fruit are a good source of nutrition.
2. An apple a day keeps the doctor away.
3. People exercise in order to be healthy.
4. In the morning, she drinks orange juice.

C Explain why you think that the subject and the verb of a sentence have to agree. Write three or four sentences.

Answers may vary.
Fill in each blank with the correct vocabulary word. Then, find those words in the puzzle below.

1. A synonym of *entire* is ________whole______.
2. A numerical expression that means *part of a whole number* is a _______fraction______.
3. The digit on top of a fraction is the _______numerator______.
4. The digit at the bottom of a fraction is the _______denominator______.
5. A piece of something cut into three parts is one _______third______.
6. A piece of something cut into two parts is one _______half______.
7. A piece of something cut into four parts is one _______quarter______.

D B C A T L J K P L M J
E J T W P N V M B D R P
N K Q M J K S J G C H L
O C N U M E R A T O R C
M J G P A C L J L H S J
I P L C F R A C T I O N
N W M J G B T W S M S Q
A H A L F U V E K J G K
T O K P H T H I R D H L
O L C S Q p X O Q W C P
R E M K P O L M H L W G
P J L H G M H W K C M J

**Unit 3 Spotlight on Content Math**
Fill in the crossword puzzle with the correct vocabulary word by reading the clues below.

ACROSS
1. To move people or merchandise from one place to another.
4. The willingness and ability to buy goods or services that others are selling.
7. The past tense of buy.
9. The number of goods and services that can be sold to others.
10. The opposite of bought.

DOWN
2. A lack of something.
3. A desire or wish to get something.
5. The goods and services that a country sells to another country.
6. The goods and services that a country buys from another country.
8. Things that can be bought or sold.
ACROSS
5. Another word for state, as in state of being.
6. A substance with definite volume but not a specific shape.
7. The outline of a figure.
9. The name of the gas that forms when water boils.

DOWN
1. Anything that takes up space.
2. The state water is in when it freezes?
3. To change water to steam by heating.
4. A measure of space a solid or liquid takes up.
7. A manner or condition of being.
8. A state of matter that has no definite shape or volume, but that can expand.
Match the vocabulary words in the right column to their correct definitions in the left column. Then, write the letter in the space provided.

1. A group of wind instruments that have a metal tube.  
   - g  
   - a. snack

2. A group of wind instruments made of wood.  
   - e  
   - b. percussion

3. A deep dish in which soup or ice cream is served.  
   - d  
   - c. string

4. A flat, shallow container with a rim used for carrying foods or drinks.  
   - h  
   - d. bowl

5. A shallow dish from which you eat your food.  
   - f  
   - e. woodwind

6. A group of musical instruments that includes the guitar and the violin.  
   - c  
   - f. plate

7. Food eaten between meals; a light meal.  
   - a  
   - g. brass

8. A group of musical instruments, including the drums, that need to be struck or shaken to produce sounds.  
   - b  
   - h. tray
A Choose the correct word from the box to fill in the blanks.

still life  display  museum
inanimate  flowers and fruit

1. At the supermarket, they __________ display the vegetables and fruit in nice arrangements where everyone can see them.
2. On our field trip, we are going to a __________ museum, and we are going to see paintings by famous artists.
3. A __________ still life __________ is a painting that shows inanimate objects.
4. __________ Flowers and fruit __________ are some of the most commonly used objects in still-life paintings.
5. We call these objects __________ inanimate __________ because they don’t move.

B For each of the following statements, underline only the ones that are true.

1. A museum is a large building where they sell paintings.
2. I saw a still-life painting of a bowl with fruit and vegetables nicely displayed.
3. I saw a still-life painting that shows a girl holding a bouquet of flowers.
4. Still-life paintings are nice to look at because the colors of the fruit, vegetables, and flowers make the painting attractive.

C Explain where in your home you would hang a still-life painting and why. Write three or four sentences.

Answers may vary.

________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
Write the correct word from the word bank in each blank to complete the passage.

exercise  fraction  meat and beans  supply
export  fruit  nutrition  transport
food group  grains  oil  vegetables
food guide pyramid  import  quarter

If we want to grow strong, we need to make sure we have good **nutrition** by eating well and by engaging in physical **exercise**, such as playing sports. We must eat the right amount of each **food group** indicated by the width and colors of the stripes in the **food guide pyramid**.

When we eat brown rice, whole wheat bread, or whole wheat pasta, we are eating from the group of **grains**. These are very important foods, as are the ones from the **vegetables** group, such as broccoli, carrots, and lettuce. The third wide stripe, the red one, is the **fruit** group, which includes apples, bananas, and oranges.

Other stripes represent other important foods. The blue stripe is for dairy, such as milk, and the purple one is for **meat and beans**. We must avoid eating too much fat and **oil**. We need to know math because many recipes for healthy food require only a **fraction** of a whole. For example, you may need a third of a cup of flour, or a **quarter** of a banana, which means you would need one out of four parts of a banana.

Food is so important, and the demand for food around the world is so great, that some countries have to **import** it. They have to buy it from countries that produce a lot of a particular food. In those cases, we can say that those countries have a **supply** of it. That means they produce more than they need and are able to **export** their extra food. That is why we see trains and even ships full of food, which they **transport** to faraway places.
1. Which of the following is not in the vegetables group of the food guide pyramid?
   A. beets
   B. spinach
   C. broccoli
   D. grapes

2. Which of the following is not in the grains food group?
   A. bread
   B. sugar
   C. rice
   D. pasta

3. Which of the following is not in the meat and beans food group?
   A. chicken
   B. pork
   C. fish
   D. cheese

4. The one thing from the milk group that is not so good for you is the ...
   A. calcium.
   B. fat.
   C. cheese.
   D. yogurt.

5. Which of the following sentences does not contain a compound word?
   A. For exercise, we run and play basketball at school.
   B. This weekend, I am going to take a long hike with my mom and dad.
   C. Last night, my sister and I made a very healthy salad for dinner.
   D. Instead of doughnuts, we should eat whole wheat pancakes.
6. Which of the following words would not be used when talking about parts of a whole?
   A. numerator
   B. factor
   C. fraction
   D. third

   **Answer:** B. factor

7. Which of the following statements about gas is false?
   A. It spreads out like a cloud.
   B. It takes the shape of its container.
   C. It does not have definite volume.
   D. It is matter because it takes up space.

   **Answer:** D. It is matter because it takes up space.

8. Which of the following is not true about goods?
   A. They are things that can be sold.
   B. Some countries need to import them.
   C. They are goods only if they are food.
   D. Some countries need them more than others.

   **Answer:** C. They are goods only if they are food.

9. Which of the following is not a type of musical instrument?
   A. woodwind
   B. string
   C. MP3
   D. brass

   **Answer:** C. MP3

**Critical Thinking**

Analyze two food groups from the food guide pyramid and decide which one is more important for a healthy lifestyle. Present your ideas in three or four sentences.

*Answers may vary.*